



March 5th, 2017

Dear Community Health Advocate;

Thank you for your dedication to improving the health of our community. We want to invite you to see the work that we've been doing. At University High School we promote student wellness in many ways. In addition to the classes and services offered by health providers on our campus, many students participate in clubs and programs that extend our community.

In my class, International Foods, we rotate students through 14 different jobs that support our weekly healthy meal preparation. Every student manages their own garden plot where they cultivate food and learn about nutrition and health benefits of food. Every year our class organizes a health and fitness fair in partnership with other classes and health advocates from our community.

I want to extend an invitation to you to host a free educational/informational booth, at our **9th Annual Health and Fitness Fair, April 27th from 5:00-7:00pm**. My students will be preparing healthy food dishes and will provide free tastings to all guests who participate in our fair. We need your support to help educate our students and parents during our school-wide Open House Showcase. Hundreds of our families attend annually.

As role models in the community your participation in the activities of University High School make learning more fulfilling and relevant. We aim for this event to inform as well as stimulate students' interest in wellness careers.

As you continue your valuable community work please consider working with us to host this event. I can be reached at healthieruni@gmail.com. You can sign-up to host a booth at our 9th Annual Health and Fitness Fair here: www.uniahes.com just click on Health and Fitness Fair.

Sincerely,
Kerri Eich
Health and International Foods Teacher
University High School