



# Warriors & Wildcats Report

No. 3 • October 1, 2014

Welcome to the *Warriors & Wildcats Report*, from the Uni Hi Education Foundation. It's our way to keep members and friends up to date on what's happening at Uni – past, present and future.

It's free for anyone who signs up at <u>www.UHEF.org</u> – just hit the orange "Subscribe Now" button in the middle of the home page, fill in your name and e-mail address and you'll receive the *WWR* in your e-mail inbox!

## **ON CAMPUS**

## ► Special Screening ~ Monday, October 6 ~ "The Uni Project"

- On campus at the Stivelman Theater (capacity limited to 400 attendees)
- Free admission and free parking in both Barrington Avenue lots
- 5:30 p.m. "Blast Bar," 6:00 p.m. screening, 7:00 p.m. dinner
- Free catered dinner for all attendees following the screening
- RSVP right away by requesting free tickets via: https://www.eventbrite.com/e/the-uni-project-documentary-premiere-tickets-13209061659

"The Uni Project," a 39-minute documentary showcasing Kerri Eich's 2013 first-period Health class in an experimental program to change student attitudes and eating patterns, will be shown on-campus on Monday, October 6, at 6 p.m.

Getting high school kids to eat more fruits and vegetables has been a challenge for decades, but especially so today. Eich, Uni's director of health and environmental sciences, introduced the class to a program of daily "Blasts" – essentially smoothies – using only fruits and vegetables. The project was a partnership with NutriBullet, LLC, a maker of blender systems, which provided the ingredients, blenders, recipes and a registered dietician who supervised the entire 12-week program.

The results were positive and significant. The documentary chronicles the program's challenges and results, including interviews with the students, staff and administration.

For the October 6 screening, a "Blast Bar" will be set up – just like the one in the classroom – to create the same type of smoothies as the students had, beginning at 5:30 p.m.

The film will be shown at 6 p.m., and all attendees will be treated to a catered dinner in the Uni Grove, catered by Uni's Food Science Students, Chef David Linville, and his team.

The Blast Bar, film and dinner are free, but in order to plan for enough food for everyone attending, tickets are required. Reservations can be made by using the link above. Seats are limited, so please reserve your tickets right away!

From the south, the Uni campus looks more like a construction site than a high school.

Significant progress is being made in the excavation of what will eventually be the Collins & Katz Family YMCA at the corner of Westgate and Ohio Avenues, with an enormous pile of dirt now standing where the start of the sprint and hurdles races used to be.

Moreover, grading efforts have begun to rearrange the football field and surrounding track for the installation of a FieldTurf infield and an all-weather running track. Both projects are expected to be completed in 2015.

#### **▶** Uni Fall Sports report:

#### Follow the Wildcats on Twitter: @Utownsports

• Boys/Football: 1-3 overall (0-0 Western League)

 Sep. 05
 @ South Gate
 Lost, 48-14

 Sep. 12
 @ Banning
 Lost, 10-6

 Sep. 19
 @ Lincoln
 Won, 34-6

 Sep. 26
 @ San Pedro
 Lost, 30-14

Oct. 03 @ Inglewood

Oct. 10 @ Venice

Oct. 17 @ Hamilton

Oct. 24 @ Palisades

Oct. 31 @ Fairfax

Nov. 07 Westchester at Venice for "Homecoming"

Coach Lee Lowe's team will play all of its games on the road this season due to the renovation of Cavanagh Field and the surrounding running track.

In Uni's first win of the season against Lincoln on September 19, junior quarterback Paul Davis earned "Player of the Game" honors, completing eight of 10 passes for 139 yards and two touchdowns. Senior back Tyrone Nelson rushed for 115 yards in 17 carries and scored twice. Junior linebacker Gabriel McClain led the defense with 11 tackles.

On September 26, Uni had a 14-7 lead late in the first half at San Pedro, but the Pirates tied the score by halftime and outscored the Wildcats, 16-0, in the second half to win, 30-14. Davis scored on a one-yard sneak in the first quarter and senior cornerback Thomas Clay scooped up a Pirate fumble and returned it 40 yards to give Uni its second-quarter

lead. However, Uni suffered a safety in the third quarter and San Pedro scored two fourth-quarter touchdowns for the final margin of victory.

The Uni junior varsity also lost by the same score to the San Pedro JVs.

Girls/Volleyball:		1-2 overall	(1-1 Western League)
Sep. 11 Sep. 15 Sep. 23	<ul><li>@ San Pedro</li><li>@ Los Angeles CES</li><li>@ Fairfax</li></ul>	Lost, 3-0 Postponed Lost, 3-0	(25-6, 25-13, 25-10) (heat) (25-14, 25-7, 25-14)
Sep. 29	@ Westchester	Won, 3-0	(25-8, 25-5, 25-16)
Oct. 02	Venice		
Oct. 07	Palisades		
Oct. 09	@ Hamilton		
Oct. 13	Los Angeles CES		
Oct. 21	Fairfax		
Oct. 23	Westchester		
Oct. 27	@ Venice		
Oct. 30	@ Palisades		
Nov. 04	Hamilton		

After the LACES match was postponed, Uni lost to undefeated Fairfax (9-0) in its Western League opener. But the Wildcats scored their first win of the season with a sweep of Westchester, thanks to five kills and eight aces from middle blocker Cheyenne Sullivan and 19 assists and seven aces from setter Leslie Duarte.

Girls/Tennis		2-1 overall	(1-1 Western League)
Sep. 11	@ San Pedro	Won, 4-3	
Sep. 15	@ Los Angeles CES	Postponed	(heat)
Sep. 23	@ Fairfax	Won, 5-2	
Sep. 29	@ Westchester	Lost, 4-3	
Oct. 02	Venice		
Oct. 07	Palisades		
Oct. 09	@ Hamilton		
Oct. 13	Los Angeles CES		
Oct. 21	Fairfax		
Oct. 23	Westchester		
Oct. 27	@ Venice		
Oct. 30	@ Palisades		
Nov. 04	Hamilton		

• Uni's cross country squad opened its season with a multi-school, non-scoring invitational at Peck Park on September 24. The boys varsity squad was led by junior Erick Hernandez (20:18 for three miles) and seniors Anthony Santiago (20:36) and Sam Verdernickof (20:42). The top girls were senior Monte Ho (22:39) and junior Esmeralda Martinez (23:36). Of note in the frosh/soph division was ninth-grader Stephanie Cruz (22:48) on the girls side and sophs Nathan Wrath (20:39) and Jacob Abraham (20.43) for the boys.

### REUNIONS

**▶** Upcoming reunions that we know about include:

• October 18, 2014: CLASS OF SPRING 1954

At the Crowne Plaza Hotel Los Angeles Int'l Airport

Information: Carla Sampson Lowe (916/965-4825 or <u>carladlowe@aol.com</u>)

• March 21, 2015: CLASS OF 1985

At Mountain Gate Country Club

Reservations: Visit www.ReunionCommittee.com

• March 28, 1985: CLASS OF 1975

At Mountain Gate Country Club

Reservations: Visit www.ReunionCommittee.com

Please send details of your reunions to <u>Connect@UHEF.org</u> for inclusion in future issues!

From Helaine Gelber, Class of 1952:

Are there any alumni people out there from the class of Summer '52 who would be interested in putting together a class reunion in the near future? Jim Alexander and Joan Irving used to help put those reunions together. It would be so neat to have one!

Reply directly to Helaine at <u>mailtolainie@yahoo.com</u>

The Classes of 1965 (Artesians and Peleans), getting ready for their 50-year reunion in 2015, has established a "class challenge" goal of \$1 million! More than \$100,000 has already been raised and a Web site with the details has been created at <a href="www.UniHi65.com">www.UniHi65.com</a>.

## **UNI HI EDUCATION FOUNDATION NEWS**

▶ Visit <u>www.UHEF.org</u> and tell your classmates to sign up for the *Warriors & Wildcats Report* and volunteer for UHEF activities.

The Foundation, now in its 29th year, has raised more than \$550,000 to support Uni's mission of educational excellence, and to supplement the instructional budget in these lean times. You can donate to the cause right on the site.

## **UNI ALUMNI NOTEBOOK**

▶ If you follow the NFL, then you're familiar with star Baltimore Ravens receiver Steve Smith, in his first year with the club after 13 seasons with the Carolina Panthers. He's a Uni grad from 1997.

He excelled in football and track at Uni: All-Metro League in football and 1997 City champion in the 300 m hurdles and runner-up in the 110 m hurdles. He then graduated from Santa Monica College before heading to the University of Utah and was twice All-Mountain West as a receiver.

He was drafted by the Panthers in the third round of 2001 NFL Draft and earned five Pro Bowl sections in 13 seasons with the club. He signed a three-year contract with the Ravens as a free agent prior to the current season.

## **SIXTH PERIOD BELL**

Uni Principal Eric Davidson reports that enrollment for the fall semester at Uni is 1,779 students across all four grade levels (9-12). Of that total, 470 are in Uni's Digital Media Magnet School, open to students throughout the LAUSD system.

Contribute your comments, ideas and news to the *Warriors & Wildcats Report!* 

Send a note to *Connect@UHEF.org*!

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